In cooperation with the American Health Care Association

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The participation of the Centers for Medicare & Medicaid Services (CMS) in this symposium does not constitute the endorsement or support of Pioneer Network's programs or products by CMS or the Department of Health and Human Services (DHHS).
Come and join us for ANOTHER historic and unique opportunity to learn and be heard.

What is Culture Change?
"Culture change" is the common name given to the national movement for the transformation of older adult services. Culture change supports the creation of self-directed environments where both older adults and their caregivers are able to express choice and practice self-determination in meaningful ways at every level of daily life. Culture change transformation may require changes in organization practices, physical environments, relationships at all levels and workforce models. This symposium is specifically focused on food and dining issues regarding culture change to support self-directed living.

The Time has Come Again… CMS/Pioneer Network Symposium History
In April of 2008, CMS and Pioneer Network partnered in their first-ever national symposium entitled Creating Home: A National Symposium on Culture Change and the Environment Requirements. Many recommendations came out of this symposium and many good things have resulted. For example, Pioneer Network, thanks to the Hulda B. and Maurice L. Rothschild Foundation, convened the National Long Term Care Life Safety Task Force and recently submitted five proposals to the National Fire Protection Association regarding the Life Safety Code®. CMS also released new interpretive guidance for 11 regulations regarding the environment and quality of life directly stemming from the symposium recommendations.

Self- Directed Living, Eating and Dining—Addressing Challenges, Finding Solutions
While CMS supports the principles of culture change and self-directed living as a fulfillment of OBRA ’87, innovators and stakeholders cite a broad array of issues, some real, some perceived, in making desired dining changes. This symposium will address culture change dining initiatives and explore potential regulatory barriers so that both innovators and regulators can come to a common understanding of responses congruent with OBRA ’87.

Symposium Features
- Remarks by Kathy J. Greenlee, Assistant Secretary for Aging at the U.S. Department of Health and Human Services;
- National expert presentations on critical issues regarding food, dining and self-directed living;
- Clinicians will address barriers and solutions through the lens of their profession;
- Exploration of potential regulatory and survey issues related to food and dining innovations;
- Presentation by the Food and Drug Administration on the national Food Code;
- Presentation by the Center for Disease Control on the CDC infection control guidelines;
- Members of the Agency for Health Research and Quality (AHRQ) research team will present findings from their Study of Paid Feeding Assistant Programs;
- Public commentary through open microphone sessions; and
- A background paper setting the stage for the symposium will be available prior to the symposium at www.PioneerNetwork.net so attendees can think through the issues in advance and come prepared to discuss them.
The Deep-Seated Issue of Choice
Based on her work as a culture change pioneer both as a dietitian and administrator of one of the first nursing homes in the Household Model, Linda Bump will challenge us to think about what is possible, what makes new ideas difficult, and how to effect the deep organizational change needed so that a person’s right to choice in their own home is honored. Difficult questions such as, who wins the care plan? and who are we to decide for people what is best for them? will be addressed through the lens of the OBRA mandate to honor the resident’s right to self-determination as well as the right to refuse treatment.
Presenter: Linda Bump, MPH, RD, LNHA, CD, Culture Change Consultant and Trainer

The Role of the Physician Order
Hear from a physician who has been at the forefront of providing self-directed care, how liberalized diets and personalized medication pass can not only work but also enhance clinical outcomes. Questions will be tackled such as how do we monitor clinical outcomes? What is the role of the physician order? What should happen when a person chooses not to follow a physician’s order? From a clinical perspective, what is a physician’s, nurse’s and facility’s obligation to the person?
Presenter: Matthew Wayne, MD, CMD, Medical Director University Hospital Health System Senior Services, Geriatric Services Southwest General Hospital, University Hospital Foley ElderHealth Center, Legacy Health Care and Provider Services

Outcomes of Choice in Dining
Positive outcomes related to choice in dining documented in several studies, including her own on buffet style dining, will be shared from the perspective of a nurse researcher who will also address nursing challenges in implementing change to meet both the nutritional needs and dining preferences of residents.
Presenter: Robin Remsburg, PhD, RN, GCNS, BC, FAAN, Director School of Nursing and Associate Dean College of Health and Human Services, George Mason University

The Food Code
The federal regulations refer to the Food Code which is written by the Food and Drug Administration, an agency of the US Department of Health and Human Services, as a standard of practice and many state regulations require it be followed. A representative from the FDA will describe how the code gets written and revised.
Presenter: Glenda Lewis, MSPH, FDA Office of Food Safety

The CDC Infection Control Guidelines
Infection control is an important element of the food and dining experience in nursing homes. Federal regulations refer specifically to the Centers for Disease Control (CDC) guidelines for infection control. A representative from the CDC, an agency of US Department of Health and Human Services, will explain the development and revision of the guidelines.
CDC Presenter to be announced

Survey Interpretation of the Regulations
As self-directed care becomes more common, CMS is striving to keep up with regulations, guidance and survey procedures. Survey issues to be addressed include: the requirement for menus versus resident choice; facility responsibility for food safety and honoring resident choice for “visitors” foods, potlucks, and food in personal refrigerators; the 14/16 hour rule; and compliance with the new guidance for self-determination, dignity and homelike environment. Lastly, the story of the California Person Centered Dining Pilot Project’s collaboration between the state survey agency, the CMS regional office and the California Culture Change Coalition will be told and results discussed.
Presenter: Linda Handy, MS, RD, Consultant, Retired Specialty/Trainer Surveyor CDPH

Paid Feeding Assistants—Six Years Later
Research regarding the outcomes of utilizing paid feeding assistants has been conducted by Abt Associates under contract with CMS and the Agency for Health Research and Quality (AHRQ). Findings will be shared and lessons learned discussed.
Presenters: Rosanna Bertrand, PhD, Abt Associates Inc. Sandra Simmons, PhD, Vanderbilt University, Center for Quality Aging

The Role of the Pharmacist
Pharmacists become involved with non-time specific medication passes, food and drug interactions, appetite stimulants and nutrition supplements. Balancing pharmacy practices with self-directed living will be addressed in the context of liberalized dining.
Presenter: Denise Hyde, Pharm.D., RP, Community Builder Eden Alternative Inc.
Who Should Participate?

- Nursing home staff and leadership embarking on redesigning food and dining service provision;
- Regulators working with stakeholders to meet applicable food and dining rules and requirements;
- Providers serving both long and short-term stay residents;
- Researchers seeking state-of-the-art findings on culture change topics;
- Dieticians and food service managers wanting to implement resident-directed food and dining services;
- Vendors who are interested in working toward change;
- Advocates of culture change including ombudsmen, stakeholder organizations, and the general public;
- Public officials concerned about the delivery and financing of long-term care services;
- Grant makers and financial investors;
- Governing boards and owners;
- Long-term care consumers;
- Anyone who wants to be heard on these issues.

Next Steps

- An invitational workshop to review findings, make recommendations, and determine initiatives will follow the Creating Home Symposium II. It will be comprised of stakeholders and culture change experts.
- All presentations, public comments, results from the invitational workshop and recommendations will be captured in summary documents and made available to the public at PioneerNetwork.net.
- The work will continue through Pioneer Network including at the next conference, August 9-11, 2010 “Meeting at the Crossroads” in Indianapolis, Indiana.
Creating Home in the Nursing Home II: A National Symposium on Culture Change and the Food and Dining Requirements

February 11, 2010
Baltimore Marriott Waterfront
700 Aliceanna Street
Baltimore, Maryland 21202

Use one form for each registrant. Please make additional copies if needed.

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The registration fee is $75 before January 8, 2010. Registration fee after January 8, 2010 is $100. SPACE IS LIMITED

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For questions, please call Christie Dobson, 585-271-7570, or email Christie.Dobson@PioneerNetwork.net.

Cancellation Policy: Registration fee is 50% refundable before January 8, 2010. After that date no refunds will be issued. All cancellations must be submitted in writing to Pioneer Network. We cannot accept cancellations by phone.